



Discussion Questions

Psalm 56



What stood out to you in the podcast and/or in the reading of this Psalm?

What are the areas of your life where you are most prone to fear? How does David teach you to fight fear?



What place does the Word of God have in fighting fears and trusting in God? What promises from the Bible do you cling to?



What are the words and phrases that are repeated in the Psalm? What does this repetition teach us about the themes? David's experience?



How does this Psalm show God's heart for his children who are undergoing trials? See vv. 8-9



Reflect on v. 13. What does this verse mean in David's life? What does it mean in your life? How has Jesus brought true deliverance in your life?



What truths in this Psalm encourage your heart? Which truths challenge you?