




Discussion Questions

Psalm 40



What stood out to you in the podcast and/or in the reading of this Psalm?

Have you ever felt stuck like David? What was/is your “pit”? How did the Lord work in your situation?



Why is it so important to look back and remember past deliverances? How does this help us in our present circumstances?

What areas of your life do you find it hardest to trust the Lord? How is the man or woman who trusts in the Lord ‘blessed’?

Jesus is an example of perfect obedience and trust. How does Psalm 40 point to Him? How does His example challenge you?



Is religious ritualism a danger today? How? What does the Lord desire from His people?

Do you ever feel like your waiting is in vain? How does this Psalm speak to this hopeless inclination?

What truths in this Psalm encourage your heart? Which truths challenge you?

