

What stood out to you in the podcast and/or in the reading of this Psalm?

What is David calling out for in verses 1-2? What is his plea? Have you experienced this in your life?

What request does David bring to the Lord in verse 3-5?

How did David refer to the Lord? See verses 1, 7-9.

How have you known the Lord to be your strength? Your shepherd? Your rock? Share your stories of the Lord's goodness to you.

David begins praying for himself and ends by praying for God's people. Do your prayers tend to be more self focused or other's focused? Why are both important?

What truths in this Psalm encourage your heart? Which truths challenge your