




Discussion Questions

Psalm 22



What stood out to you in the podcast and/or in the reading of this Psalm?



Have you ever felt forsaken by God? Have you ever felt the pain of unanswered prayers? What was this like? How did Jesus experience this?

As you read this psalm as Jesus' personal thoughts and prayers from the cross, what do you notice? Which aspects of Christ's sufferings stood out to you the most?

How does it encourage your heart that Jesus was forsaken so that you never would be? Do you believe the truth that you will never be forsaken by God?



What does Jesus rejoice in as he thinks of the victory of the cross? See vs 22-31.

What truths in this Psalm encourage your heart? Which truths challenge you?

