

Discussion Questions

Psalm 6

What stood out to you in the podcast and/or in the reading of this Psalm?

Would you have a hard time praying or singing this Psalm? Why or why not?
Why is it important for all of us to sing this Psalm together?

How does David describe the intensity of his struggle? Have you experienced this weariness in your own life? If so, how did you get through it?

What explains David's sudden burst of confidence in verses 8-10?

Why is it important to live by faith and not by feeling?

How did Jesus experience the realities of this Psalm in his own life?

What do you find encouraging in this Psalm? What is challenging?