

Discussion Questions

Psalm 4

What stood out to you in the podcast and/or in the reading of this Psalm?

How can remembering God's faithfulness in the past strengthen your faith in a present trial? Do you have a story of God's faithfulness in your life? Share with the group.

How do you tend to respond to trials in your life? Do you draw near to the Lord or pull back? Do you run to other comforts? What comforts you most in times of adversity?

What are some Biblical or real life examples of people turning a Christian's glory to shame?

How does it encourage your heart that God has "set apart the godly for Himself"?

What does it mean to "ponder in your own hearts on your beds and be silent"? Why is this wise?

Why is it important to both offer right sacrifices AND put your trust in the Lord?

Have you ever wrestled with cynicism? How does David pray in response to this cynical spirit? See v.6

How does David show the believing life to be one full of joy and peace? Have you experienced this in your own life?