



Discussion Questions

Psalm 3

What stood out to you in the podcast and/or in the reading of this Psalm?

How does the historical background change your perspective on this Psalm?

What three things does David say about God in verse 3? What stands out to you about these 3 descriptions?

Where are we tempted to find our 'glory'? Beauty, achievements, children, career, relationships? Why is it good news that God is 'our glory'?

Why was David able to sleep in the midst of such dire circumstances? What can we learn from this?

How is Psalm 3 a pattern for us to follow when we go through trials?

This Psalm gives us a clear picture of what triumphant faith looks like when it is tested in the fires of adversity. How does this Psalm challenge you? How does this Psalm encourage your heart today?