


# PHILIPPIANS

Finding Joy in Every Season



## FOR DISCUSSION

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1. What do you think you need in life to be happy? Do you think it's possible to be joyful even in difficult circumstances?
  2. What does it look like to store our treasures in heaven? Is there anything that you can give away to someone in need? A toy? A game?

## DIG DEEPER

*Today, we are going to wrap up our study in Philippians talking about Christian contentment. Contentment is a fancy word that means to be satisfied in Christ. As Christians, we can have a relationship with the Lord that satisfies our souls. Paul learned this precious truth and wants us to know it too. As we know the Lord, we will increasingly let go of the things of this world that cannot satisfy and invest our treasures in heaven.*

Read Philippians 4:10-11 below. Underline words, phrases or verses that stand out to you.

*10 I am very happy in the Lord that you have shown your care for me again. You continued to care about me, but there was no way for you to show it. 11 I am telling you this, but it is not because I need anything. I have learned to be satisfied with the things I have and with everything that happens.*

3. Paul states that he rejoices in the Lord for the Philippians monetary gift, but not because he needed anything. He says in verse 11 that he has "\_\_\_\_\_ to be satisfied with the things he has and with everything that happens". What does it look like for you to be satisfied with what you have and to be grateful no matter what happens?

Read Philippians 4:12. Underline words, phrases or verses that stand out to you.


*12 I know how to live when I am poor. And I know how to live when I have plenty. I have learned the secret of being happy at any time in everything that happens. I have learned to be happy when I have enough to eat and when I do not have enough to eat. I have learned to be happy when I have all that I need and when I do not have the things I need.*



4. Paul had learned contentment in even the most extreme of circumstances. Read through the following Scriptures and reflect on the supernatural gift of contentment in the midst of these circumstances:
  - a. 1 Corinthians 4:11-13
  - b. 2 Corinthians 4:8-12
  - c. 2 Corinthians 6:4-5
  - d. 2 Corinthians 11:24-27
5. In verse 13, Paul gives the secret of true and lasting contentment for any and every circumstances. Read verse 13 below. What is the secret?

*13 I can do all things through Christ because he gives me strength.*

Read Philippians 14-23 below. Underline words, phrases or verses that stand out to you.



*14 But it was good that you helped me when I needed help. 15 You people in Philippi remember when I first preached the Good News there. When I left Macedonia, you were the only church that gave me help. 16 Several times you sent me things I needed when I was in Thessalonica. 17 Really, it is not that I want to receive gifts from you. But I want you to have the good that comes from giving. 18 And now I have everything, and more. I have all I need because Epaphroditus brought your gift to me. Your gift is like a sweet-smelling sacrifice offered to God. God accepts that sacrifice, and it pleases him. 19 My God will use his wonderful riches in Christ Jesus to give you everything you need. 20 Glory to our God and Father forever and ever! Amen. 21 Greet each of God's people in Christ. God's people who are with me send greetings to you. 22 All of God's people greet you. And those believers from the palace of Caesar greet you, too. 23 The grace of the Lord Jesus Christ be with you all.*

6. Paul is thankful for the gift and wants them to know the good that comes from giving. What is the promise they have in verse 19?

Read Matthew 6:20. How are the Philippians storing treasures in heaven?

7. The purpose of Paul's ministry and for our lives is given in verse 20. What is it?

## PRAYER POINT

- Pray that we would learn to be content in any and every circumstance through Christ.
- Pray that we would store our treasures in heaven and invest in things of eternal value.
- Pray for strengthening grace to live for God's glory in all of life.



*all* I CAN DO  
THINGS THROUGH  
*him* WHO *strengthens*  
*ME.* *Philippians 4:13*

GOOD

Provides